

# Autism Resources Miramichi Inc.

Newsletter 5

www.autismmiramichi.com

June 2008

## Yard Sale and BBQ May 31<sup>st</sup>

We will hold our 1<sup>st</sup> Annual Yard Sale and Bar-B-Q fundraiser on Saturday, May 31<sup>st</sup> from **8:00 am to 1:00 pm** located at our centre at 561 King George Highway. Rain or shine. Come out with your family to help support our centre.

Finished with your spring cleaning? We are still accepting donated items for the yard sale. Items can be dropped off any time during our regular hours.

Interested in helping out? We are also still looking for a few volunteers to help us make this day a huge success.



## 1<sup>st</sup> Family Fun Day June 14<sup>th</sup>

What better way to start off our family fun days than having a day out at French Fort Cove together? Weather permitting; we will meet to play at the children's park at 2:00 pm and finish off with a walk around the park at 3:00 pm.

## Air Hockey and Foosball Tournament June 21<sup>st</sup>

We have recently opened our teen room upstairs which features a Wii gaming system on a flat screen TV, an air hockey table, a foosball table and various board games.

To celebrate, we're having an air hockey and foosball tournament open to pre-teens and teens Saturday, June 21<sup>st</sup> from 1:30 pm to 3:00 pm.

Come join the fun, bring a friend and be prepared to make some new ones.



## Hours of Operation

Monday to Friday  
9:00 am – 5:00 pm

Saturday, June 7<sup>th</sup> and June 21<sup>st</sup>  
1:00 – 3:00 pm

\*Or by appointment as necessary.

## Parent Support Meeting June 3<sup>rd</sup>

The next parent support meeting will be held on Tuesday, June 3<sup>rd</sup>, 2008 at 7:00 pm here at the centre. These meetings give parents a chance to get out and meet with other parents to discuss anything and everything!

Also, please take a few minutes to fill out our **Workshop Interest Survey** which can be found on our website [www.autismmiramichi.com](http://www.autismmiramichi.com). This survey will enable us to provide you with the type of speakers you are specifically looking for at upcoming workshops.

## Autism Awareness Merchandise

Autism Awareness merchandise is now available at our centre. Currently, there are small and large ribbon magnets, window clings, key chains, lapel pins, gel bracelets, lanyards, 2 types of necklaces, and a men's polo shirt.

Merchandise and prices can be viewed on our website [http://www.autismmiramichi.com/awareness\\_merchandise](http://www.autismmiramichi.com/awareness_merchandise).

If you are interested in Autism Awareness clothing, pre-orders are being accepted for a June order.

## Congratulations to Lila Barry NB Community Volunteer Award

Lila received her NB Community Volunteer Awards on April 23<sup>rd</sup> in Bathurst.



Lila has chosen Autism Resources Miramichi Inc. as the recipient of a \$1000.00 cash prize that goes along with the award to be given to a charity of the winner's choice. Thank you Lila!

## Father's Day Draw



Don't forget to get your tickets on a President's Choice 57,000 BTU Stainless Steel propane barbecue. The draw date is June 13, 2008. Tickets are \$2.00 each or 3 for \$5.00. If you are interested in purchasing tickets, or would like to help us sell some, please contact us or drop in at the centre, as we will have tickets available here. Call 622-8137.

## Registration

Our membership is growing, but if you are not a member yet, just call the centre at 622-8137 or e-mail your contact information to [arm@nb.aibn.com](mailto:arm@nb.aibn.com). We will send you our monthly newsletter and any other relevant information we receive, such as upcoming conferences and workshops.

### Upcoming ARM Events and Important Dates

<b>May 31<sup>st</sup></b>	Yard Sale & BBQ - Rain or shine! 8:00 am - 1:00 pm
<b>June 3<sup>rd</sup></b>	Parent Support Meeting 7:00 pm - 9:00 pm
<b>June 14<sup>th</sup></b>	Family Fun day at French Fort Cove 2:00 pm - 4:00 pm
<b>June 21<sup>st</sup></b>	Air Hockey & Foosball tournament 2:00 pm - 4:00 pm

## Welcome NBCC students

We would like to welcome our NBCC student, Christina Deredin. She will be assisting us at the centre for four weeks. We would also like to thank Trina Therieault, a business student that spent a week with us.

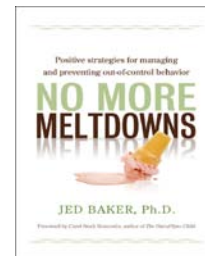
## Recipes Wanted

As a special fundraising project, one of our NBCC students are in the process of preparing a cookbook. If you have any recipes that you would like to share for this publication, please email it, along with your name, to [arm@nb.aibn.com](mailto:arm@nb.aibn.com). The recipes must be original, or have been tried by you! More information will be announced in our next newsletter.

## OT Student offering Task Analysis Tool Kits

Julie Brown is a 1<sup>st</sup> year OT student from Dalhousie University. As part of her practicum, she would like to prepare some task analysis tool kits for our centre and is looking for some ideas. These kits will include all necessary tools and visuals for different tasks. The kits can be used by parents, TA's or ASW's. If you have any suggestions, you can contact Julie at [julie.brown@dal.ca](mailto:julie.brown@dal.ca).

## Featured Book of the Month



### *No More Meltdowns - Positive Strategies for Managing and Preventing Out-Of-Control Behavior By Dr. Jed Baker*

It could happen at the grocery store, a restaurant, school or at home. Meltdowns are stressful for both child and adult, but Dr. Baker can help! Author of the award-winning Social Skills Picture Book series, Dr. Jed Baker offers parents and teachers strategies for preventing and managing meltdowns. His 20+ years of experience working with children on the autism spectrum, combined with his personal experiences raising his own children, have yielded time-tested strategies, and results!

## A Special Thank You For Donations Received from:

Lila Barry  
M&M Meats  
Shopper's Drug Mart