

We're Here to Help!

Autism Resources Miramichi Inc. is proud to offer a drop-in Resource Centre with:

- A lending library of:
 - Books
 - DVDs
 - Videos
 - Reinforcer Kits
 - Toys
- Assistive technology software and access to a computer and the internet
- Handouts on topics of interest
- Printing and laminating services
- Monthly Support Meetings for Parents, Siblings and Consumers
- Parent Information Packages
- Medical Professional Information Packages
- Monthly Newsletters
- On-Site Professional Consultation
- Family Activities
- Yearly Conferences
- Up-to-Date Website
- Bi-Monthly Educational Workshops

And More to Come!

Autism Spectrum Disorders

include:

Autistic Disorder (Autism)

Asperger's Disorder

Rett's Disorder

Childhood Disintegrative Disorder

PDD-NOS (Pervasive Developmental Disorder – Not Otherwise Specified)

Autism Resources Miramichi Inc.



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Autism Resources Miramichi Inc.

Do you know the signs?

Autism Resources Miramichi Inc. provides valuable resources for all persons with Autistic Spectrum Disorder, their families, community partners and other professionals.

This program was made possible in part by a grant from the New Brunswick Department of Health and donations from our community.



Spectrum Disorders

**Early detection,
diagnosis and therapy
can make a difference!**

Phone: (506) 622-8137

Autism Spectrum Disorder **Red Flags**

Communication **Red Flags**

- Delayed age appropriate speech (Babbling by 11 months, single words by 16 months or 2 word phrases (a noun and a verb) by 24 months)
- Loss of acquired speech at any age
- May not use or understand basic hand gestures (such as waving)
- Echoes words or phrases – Echolalia
- Unresponsive to their name being called
- Constantly talks about obsessive interests

These red flags can only be used as a guideline as many typically developing children display some of these traits and no child will display all of these traits.

We suggest making an appointment with a paediatrician or psychologist as only a professional can properly diagnose a child with an Autism Spectrum Disorder.

Social Interaction **Red Flags**

- Little or no eye contact
- More interested in looking at objects than at people's faces
- Inappropriate laughing or giggling
- May not like to cuddle
- Relies on self calming measures
- Unable to imitate adults or children
- Poor pretend play skills
- Unusual or repetitive play
- Does not point to show interest in something
- Seems to prefer to play alone
- Avoids or ignores other children when they approach him/her
- Facial expressions may be unanimated
- Brings items to someone only when assistance is needed
- May seem distant towards their family members
- May seem like they are in their own world
- Difficulty in understanding the feelings of others

Behaviour **Red Flags**

- No real fear of dangers
- Spins objects or self
- Lining up toys or objects
- Tip toe walking
- Arm or hand flapping
- Temper Tantrums
- Compulsions or rituals (has to perform activities in a special way or sequence)
- High pain tolerance
- Inappropriate attachment to objects
- Uneven gross and fine motor skills
- Resistant to change
- Insistent on routines
- Preoccupation with objects such as fans, wheels, etc.
- Sensory issues
- Self-Injurious behaviour
- Sleep issues
- Limited food preferences
- Special interest in letters or numbers