

# Autism Resources Miramichi Inc.

Newsletter 2

www.autismmiramichi.com

February 2008

## Successful Opening

We would like to thank all the parents and professionals who dropped by to check out our newly opened centre. We hope to continue seeing all of you many times in the future.

For those who haven't had the chance to make it in yet, we can't wait to meet with you. Just give us a call and we can set up an after hours appointment to meet with you if your schedule makes it difficult to drop in during our regular operating hours.

## New Website

Want more information about Autism Spectrum Disorders? Are you wondering what services we offer here at ARM?

Take a look at our new website at [www.autismmiramichi.com](http://www.autismmiramichi.com) for upcoming events, information on ASDs, and much more. Although, it is still in the early stages, we are hoping to have more information and resources added soon.

## Parent Support Meetings

After a snowy first parent's meeting, we are hoping to meet more of you at our future monthly meetings. These meetings give parents a chance to get out, meet other parents in a similar situation, and discuss topics of your choice. Future meetings will also include guest speakers to present on topics that parents would like more information about. The next regular parent's meeting will be on Tuesday, March 4, 2008. The snow date will be Thursday, March 6, 2008. Hope to see you there!

## ARM Advertisement on Rogers First Local

Check out our recent advertisement on Rogers First Local, featuring Dr. Theresa MacKenzie discussing the need for our centre here in Miramichi. It also features video clips from inside our book and toy lending library rooms.



## Hours of Operation

Monday to Friday  
1:30 pm – 5:00 pm

1<sup>st</sup> and 3<sup>rd</sup> Saturday of the Month  
1:00 – 3:00 pm

\*Or by appointment as necessary.

## 50/50 Draw



Congratulations to John Goodin from Miramichi who won \$516.17 in our 50/50 draw held on Valentines Day at the centre. John was even generous enough to donate \$25.00 back to the centre to bring our total to \$541.17. What a huge success! Thank you to all the volunteers who helped us by selling tickets, and thank you to Sobey's (Newcastle) and NB Liquor (Newcastle) who allowed us to sell tickets at their stores.

## Meet our President

**Lila Barry** has been a strong advocate for individuals with Autism Spectrum Disorder for many years now, and was a driving force behind the development of our centre. She has been a strong support for many parents of newly diagnosed children who are looking for information and resources.

She is an graduate from the Autism Support Worker Course given by University of New Brunswick's College of Extended Learning and is currently working in the field as a Teacher's Assistant for District 16, and is also a Human Service Counsellor with 30 years experience.

She has served on the executive of Autism Society New Brunswick, both locally and provincially just recently stepping down from the position as president. She continues to be active on a national level lobbying the Federal Government for a National Autism Strategy.

## Parent Information

We are continuing to compile a mailing list of individuals who wish to be contacted either by phone or email about any upcoming events.

## Registration

Not a member yet? Membership to Autism Resources Miramichi Inc. is free. You can register as an individual with an ASD, a parent or family member, a support worker, a professional or a business.

Just call the centre at 622-8137 or e-mail the information to [arm@nb.aibn.com](mailto:arm@nb.aibn.com).

### Upcoming ARM Events

March 4th	Parent Support Meeting 7:00 pm – 9:00 pm Richard Naigle of A1 Business Services to speak on possible Income Tax deductions and Disability credits .
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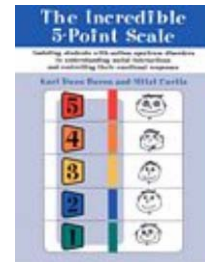
To be Announced	ASD presentation for Daycare workers
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## Lending Library

We have purchased over one hundred ASD related books, DVDs, and videos for people to borrow. Please drop by and take a look at our selection. They can each be borrowed free-of-charge for a period of three weeks at a time. We also have dozens of toys, reinforcers, games and puzzles just waiting to be brought home and used.

Looking for a particular book, just let us know and we'll order it in.

## Feature Book of the Month



This book helps children describe and deal with highly stressful situations, ranging from 5-1. It allows them to cope with their emotions such as anxiety, sadness and anger.

## Recommendations for our Centre?

We'd love to hear any of your ideas to help us make this centre a success. Just give us a call or drop in and see us!

## Donations

Do you have any Autism related books, educational toys, DVD/VRC player, etc. that you are not using? We are now accepting donations to use at the resource centre and in our lending library.

## A Special Thank You For Donations Received from:

Kinsmen Club of the Miramichi  
Newcastle Lions Club  
Knights of Columbus  
Knights of Columbus #4886  
Columbian Ladies Auxillary  
Staples Miramichi  
Dollarama (Northumberland Mall)  
GA Barry Appraisals Ltd.